

Tips to Reduce Your Healthcare Costs:

Did you know you can save money on certain outpatient procedures just by choosing the right facility? Many procedures can be done at an Ambulatory Surgical Center (ASC) for the lowest cost to you! ASCs are facilities that provide same-day surgical care. ASCs provide Alterwood Advantage members many advantages such as:



Reduced Medical Costs:

When compared to the cost of an outpatient procedure in a hospital setting, ASCs typically have a much lower cost for the member. Many patients who receive care in an ASC find that they receive better quality of care because surgeons and nurses here are often only dedicated to their care.



Increased Physician Access:

Many patients that have services done in an ASC setting find that doctors spend more time with them before and after their procedure. This not only helps patients with their overall recovery, but eases anxiety and adds an element of comfort knowing they can connect with their doctor.



Convenience:

Many patients will find that an ASC can be closer to their home than their local hospital, helping minimize the travel time needed for their procedure. This is especially helpful for those that rely on others for transportation to an appointment.



Safety:

Any exposure to a hospital setting can be a risk. At an ASC, appointments are scheduled in advance and patients typically go through a medical screening prior to their appointment. This minimizes your exposure to any unwanted germs.



Easy Scheduling:

When scheduling a procedure at the hospital, there is always a chance of your appointment getting canceled if an emergency pops up. ASCs do not handle emergencies so you are more likely to keep your appointment. ASCs often have more availability to schedule appointments since this is their focus.

Ask your doctor if your procedure can be done at an ASC. To locate your closest network ASC, visit www.AlterwoodAdvantage.com to access our online Provider Directory. If you have additional questions or need help locating an ASC, call us at:

1-866-934-7134 (TTY: 711)

We are available from 8 am to 8 pm | 7 days a week from 10/1 - 3/31 | Monday - Friday from 4/1 - 9/30

When an ASC is not the place for your outpatient procedure, be sure to know if your scheduled appointment is at one of our preferred network hospitals or with one of our non-preferred network hospitals. The copay you pay for services will differ depending on which you select.

Our preferred network of hospitals that will provide you with a lower copay include:

- Adventist Healthcare Fort Washington Medical Center
- Adventist Healthcare Shady Grove Medical Center
- Adventist Healthcare White Oak Medical Center
- Ascension St. Agnes Hospital
- Atlantic General Hospital
- Carroll Hospital
- ChristianaCare Hospitals (Delaware)
- ChristianaCare Union Hospital
- Frederick Health Hospital
- Grace Medical Center
- Mercy Medical Center
- Meritus Medical Center
- Northwest Hospital
- Sinai Hospital of Baltimore
- TidalHealth Nanticoke
- TidalHealth Peninsula Regional
- UM Baltimore Washington Medical Center
- UM Capital Region Medical Center
- UM Charles Regional Medical Center
- UM Shore Medical Center at Cambridge
- UM Shore Medical Center at Chestertown
- UM Shore Medical Center at Easton
- UM St Joseph Medical Center
- UM Upper Chesapeake Medical Center

Our non-preferred network of hospitals will provide you with a higher copay, these include:

- Greater Baltimore Medical Center (GBMC)
- UMMC Midtown Campus
- UM Medical Center

If you have questions on our network of preferred vs non-preferred hospitals, call us at:

1-866-934-7134 (TTY: 711)

We are available from 8 am to 8 pm | 7 days a week from 10/1 - 3/31 | Monday - Friday from 4/1 - 9/30