

# 2023 Summary of Benefits

ALTERWOODADVANTAGE   
Quality Care. Better Health.



**Call 1-866-550-1011 (TTY:711)**

**HMO Plans**

# 2023 Summary of Benefits

## Alterwood Advantage Select (HMO), Alterwood Advantage Choice (HMO), Alterwood Advantage Choice Plus (HMO), & Alterwood Advantage Freedom (HMO)

H9306, Plans 005, 001, 002, 003

This is a summary of drug and health services covered by Alterwood Advantage Select, Alterwood Advantage Choice, Alterwood Advantage Choice Plus, and Alterwood Advantage Freedom from January 1, 2023 – December 31, 2023.

Alterwood Advantage is an HMO and HMO-SNP plan with a Medicare contract and a State of Maryland Medicaid contract. Enrollment in Alterwood Advantage depends on contract renewal.

Our plan(s) may offer supplemental benefits in addition to Part C benefits and Part D benefits. Some of the extra benefits are outlined in this booklet.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the “Evidence of Coverage.” You can access this document by visiting our website at [www.AlterwoodAdvantage.com](http://www.AlterwoodAdvantage.com) or by calling the number on the back of this booklet.

To join Alterwood Advantage Select, Alterwood Advantage Choice, Alterwood Advantage Choice Plus, or Alterwood Advantage Freedom, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area. Our service area for these plans include the following counties in Maryland: Anne Arundel, Baltimore, Baltimore City, Caroline, Carroll, Cecil, Charles, Dorchester, Harford, Howard, Kent, Montgomery, Prince George’s, Queen Anne’s, Somerset, Talbot, Washington, Wicomico, and Worcester.

Except in emergency situations, if you use the providers that are not in our network, we may not pay for these services.

For coverage and costs of Original Medicare, look in your current “Medicare & You” handbook. View it online at [www.medicare.gov](http://www.medicare.gov) or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in other formats such as Braille, audio, or large print.

For more information, please call us at 1-866-550-1011 (TTY users should call 711), or visit us at [www.AlterwoodAdvantage.com](http://www.AlterwoodAdvantage.com). We are available 8am to 8pm ET, 7 days a week, from October 1 to March 31 and 8am to 8pm ET, Monday through Friday, from April 1 to September 30.



## PLAN HIGHLIGHTS\*

**Monthly Premium:**

\$0 - \$125

**Primary Care Physician Visits:**

\$0 copay

**Generic Prescriptions:**

As low as \$0

**Dental Care:**

Preventive, Comprehensive, & Dentures

**Vision Services:**

\$0 copay for a routine exam

Allowance towards eyewear

**Hearing Services:**

\$0 copay for a routine exam

\$475 - \$1,950 copay per hearing aid

**Over-the-Counter (OTC) Products and  
Essential Food Pantry Items:**

Quarterly allowance to order items through  
plan's catalog

**Transportation:**

\$0 copay to plan-approved locations

**Routine Foot Care (Podiatry Services)**

4 routine visits per year

**Routine Chiropractic Services:**

4 routine visits per year

1 chiropractic evaluation per year

**Health & Wellness Program:**

\$150 annual reimbursement

\*Listed benefits might not be offered on all plans.  
Please refer to charts within this document for further detail.

## HMO PLANS

### Summary of Benefits

| BENEFITS                                  | Alterwood Advantage Select   | Alterwood Advantage Choice                                    | Alterwood Advantage Choice Plus | Alterwood Advantage Freedom                                   |
|---|--|---|---------------------------------|---|
| Monthly Plan Premium                      | \$0  | \$35  | \$125                           | \$0   |
|   | If you receive “Extra Help” or assistance through the Maryland Senior Prescription Drug Assistance Program (SPDAP), your premium may be reduced. |   |                                 |   |
| Medicare Part B Buy-Down                  | N/A  | N/A   | N/A                             | up to \$40 per month  |
| Plan Level Deductible                     | \$750 on select services   | No Deductible   | No Deductible                   | No Deductible   |
| Maximum Out-of-Pocket (MOOP)              | \$8,300  | \$8,300   | \$8,300                         | \$8,300   |
| Inpatient Hospital Coverage <sup>1</sup>  | <b>Deductible, then:</b><br>Days 1-3: \$290 copay per day<br>Days 4-90: \$0 copay per day  | Days 1-5: \$290 copay per day<br>Days 6-90: \$0 copay per day | \$300 copay per stay            | Days 1-6: \$335 copay per day<br>Days 7-90: \$0 copay per day |
| Outpatient Hospital Coverage <sup>1</sup> | <b>Deductible, then:</b><br>\$300 copay  | \$250 copay   | \$150 copay                     | \$300 copay   |
| Ambulatory Surgical Center <sup>1</sup>   | \$225 copay  | \$150 copay   | \$100 copay                     | \$245 copay   |
| Doctor Visits                             |  |   |                                 |   |
| Primary Care Physician (PCP)              | \$0 copay  | \$0 copay   | \$0 copay                       | \$0 copay   |
| Specialist                                | \$45 copay   | \$35 copay  | \$20 copay                      | \$35 copay  |
| Preventive Care                           | \$0 copay  | \$0 copay   | \$0 copay                       | \$0 copay   |
| Emergency Care                            | \$90 copay   | \$90 copay  | \$90 copay                      | \$90 copay  |
| Urgently Needed Services                  | \$35 copay   | \$35 copay  | \$20 copay                      | \$35 copay  |

<sup>1</sup> May require prior authorization

## HMO PLANS

### Summary of Benefits

| BENEFITS  | Alterwood Advantage Select  | Alterwood Advantage Choice   | Alterwood Advantage Choice Plus  | Alterwood Advantage Freedom  |
|---|---|--|--|--|
| <b>Diagnostic Tests, Lab and Radiology Services, and X-Rays<sup>1</sup></b> | <ul style="list-style-type: none"> <li>Diagnostic radiology services (such as MRIs, CT scans): <b>deductible, then</b> \$195 copay</li> <li>Diagnostic test and procedures: \$15 copay</li> <li>Lab services: \$0 copay</li> <li>Outpatient x-rays: \$20 copay</li> <li>Therapeutic radiology services (such as radiation treatment for cancer): <b>deductible, then</b> 20% coinsurance</li> </ul> | <ul style="list-style-type: none"> <li>Diagnostic radiology services (such as MRIs, CT scans): \$195 copay</li> <li>Diagnostic test and procedures: \$0 copay</li> <li>Lab services: \$0 copay</li> <li>Outpatient x-rays: \$20 copay</li> <li>Therapeutic radiology services (such as radiation treatment for cancer): 20% coinsurance</li> </ul>                 | <ul style="list-style-type: none"> <li>Diagnostic radiology services (such as MRIs, CT scans): \$125 copay</li> <li>Diagnostic test and procedures: \$0 copay</li> <li>Lab services: \$0 copay</li> <li>Outpatient x-rays: \$10 copay</li> <li>Therapeutic radiology services (such as radiation treatment for cancer): 20% coinsurance</li> </ul>                 | <ul style="list-style-type: none"> <li>Diagnostic radiology services (such as MRIs, CT scans): \$250 copay</li> <li>Diagnostic test and procedures: \$0 copay</li> <li>Lab services: \$0 copay</li> <li>Outpatient x-rays: \$20 copay</li> <li>Therapeutic radiology services (such as radiation treatment for cancer): 20% coinsurance</li> </ul>                 |
| <b>Hearing Services</b>   | <ul style="list-style-type: none"> <li>Medicare-covered exam: \$40 copay</li> <li>Routine hearing exam: \$0 copay - Limited to 1 exam per year</li> <li>1 fitting and evaluation with 3 follow up visits within the first year from date of initial fitting: \$0 copay</li> <li>Hearing Aids: \$475 - \$1,950 copay per hearing aid, available annually</li> </ul>                                  | <ul style="list-style-type: none"> <li>Medicare-covered exam: \$40 copay</li> <li>Routine hearing exam: \$0 copay - Limited to 1 exam per year</li> <li>1 fitting and evaluation with 3 follow up visits within the first year from date of initial fitting: \$0 copay</li> <li>Hearing Aids: \$475 - \$1,950 copay per hearing aid, available annually</li> </ul> | <ul style="list-style-type: none"> <li>Medicare-covered exam: \$40 copay</li> <li>Routine hearing exam: \$0 copay - Limited to 1 exam per year</li> <li>1 fitting and evaluation with 3 follow up visits within the first year from date of initial fitting: \$0 copay</li> <li>Hearing Aids: \$475 - \$1,950 copay per hearing aid, available annually</li> </ul> | <ul style="list-style-type: none"> <li>Medicare-covered exam: \$40 copay</li> <li>Routine hearing exam: \$0 copay - Limited to 1 exam per year</li> <li>1 fitting and evaluation with 3 follow up visits within the first year from date of initial fitting: \$0 copay</li> <li>Hearing Aids: \$475 - \$1,950 copay per hearing aid, available annually</li> </ul> |

<sup>1</sup> May require prior authorization

## HMO PLANS

### Summary of Benefits

| BENEFITS                     | Alterwood Advantage Select  | Alterwood Advantage Choice  | Alterwood Advantage Choice Plus  | Alterwood Advantage Freedom   |
|------------------------------|---|---|--|---|
| Dental Services <sup>1</sup> | Medicare-covered: \$40 copay  | Medicare-covered: \$40 copay  | Medicare-covered: \$40 copay   | Medicare-covered: \$40 copay  |
|                              | \$2,000 annual allowance towards preventive and comprehensive dental services.  | \$2,000 annual allowance towards preventive and comprehensive dental services.  | \$4,000 annual allowance towards preventive and comprehensive dental services.   | \$1,500 annual allowance towards preventive and comprehensive dental services.  |
|                              | Preventive Dental Services: \$0 copay for exams, cleanings, fluoride treatment, and x-rays.   | Preventive Dental Services: \$0 copay for exams, cleanings, fluoride treatment, and x-rays.   | Preventive Dental Services: \$0 copay for exams, cleanings, fluoride treatment, and x-rays.  | Preventive Dental Services: \$0 copay for exams, cleanings, fluoride treatment, and x-rays.   |
|                              | Comprehensive Dental Services: 20% coinsurance for restorative services, crowns, endodontics, periodontics, extractions, dentures, & other services.  | Comprehensive Dental Services: 20% coinsurance for restorative services, crowns, endodontics, periodontics, extractions, dentures, & other services.  | Comprehensive Dental Services: 20% coinsurance for restorative services, crowns, endodontics, periodontics, extractions, dentures, & other services.   | Comprehensive Dental Services: 20% coinsurance for restorative services, crowns, endodontics, periodontics, extractions, dentures, & other services.  |
| Vision Services              | <ul style="list-style-type: none"> <li>Medicare-covered exam: \$40 copay</li> <li>Medicare-covered eyewear after cataract surgery: 20% coinsurance</li> <li>Routine eye exam: \$0 copay - Limited to 1 exam per year</li> <li>\$150 annual allowance towards eyewear - includes contact lenses, eyeglass frames, eyeglass lenses, or any combination</li> </ul> | <ul style="list-style-type: none"> <li>Medicare-covered exam: \$40 copay</li> <li>Medicare-covered eyewear after cataract surgery: 20% coinsurance</li> <li>Routine eye exam: \$0 copay - Limited to 1 exam per year</li> <li>\$150 annual allowance towards eyewear - includes contact lenses, eyeglass frames, eyeglass lenses, or any combination</li> </ul> | <ul style="list-style-type: none"> <li>Medicare-covered exam: \$40 copay</li> <li>Medicare-covered eyewear after cataract surgery: 20% coinsurance</li> <li>Routine eye exam: \$0 copay - Limited to 1 exam per year</li> <li>\$275 allowance every 2 years towards eyewear - includes contact lenses, eyeglass frames, eyeglass lenses, or any combination</li> </ul> | <ul style="list-style-type: none"> <li>Medicare-covered exam: \$40 copay</li> <li>Medicare-covered eyewear after cataract surgery: 20% coinsurance</li> <li>Routine eye exam: \$0 copay - Limited to 1 exam per year</li> <li>\$150 annual allowance towards eyewear - includes contact lenses, eyeglass frames, eyeglass lenses, or any combination</li> </ul> |

<sup>1</sup> May require prior authorization

## HMO PLANS

### Summary of Benefits

| BENEFITS  | Alterwood Advantage Select   | Alterwood Advantage Choice   | Alterwood Advantage Choice Plus  | Alterwood Advantage Freedom  |
|---|--|--|--|--|
| <b>Mental Health Services<sup>1</sup></b>         | Inpatient:<br>Days 1-6: \$310 copay per day<br>Days 7-90: \$0 copay per day  | Inpatient:<br>Days 1-6: \$310 copay per day<br>Days 7-90: \$0 copay per day  | Inpatient:<br>\$350 copay per stay   | Inpatient:<br>Days 1-6: \$310 copay per day<br>Days 7-90: \$0 copay per day  |
|   | Outpatient:<br><ul style="list-style-type: none"> <li>Group therapy visit: \$20 copay</li> <li>Individual therapy visit: \$30 copay</li> </ul> | Outpatient:<br><ul style="list-style-type: none"> <li>Group therapy visit: \$20 copay</li> <li>Individual therapy visit: \$30 copay</li> </ul> | Outpatient:<br><ul style="list-style-type: none"> <li>Group therapy visit: \$20 copay</li> <li>Individual therapy visit: \$30 copay</li> </ul> | Outpatient:<br><ul style="list-style-type: none"> <li>Group therapy visit: \$30 copay</li> <li>Individual therapy visit: \$40 copay</li> </ul> |
| <b>Skilled Nursing Facility (SNF)<sup>1</sup></b> | Days 1-20: \$0 copay per day<br>Days 21-100: \$196 copay per day   | Days 1-20: \$0 copay per day<br>Days 21-100: \$196 copay per day   | Days 1-20: \$0 copay per day<br>Days 21-100: \$196 copay per day   | Days 1-20: \$0 copay per day<br>Days 21-100: \$196 copay per day   |
| <b>Physical Therapy<sup>1</sup></b>               | \$40 copay   | \$30 copay   | \$20 copay   | \$40 copay   |
| <b>Ambulance<sup>1</sup></b>                      | <ul style="list-style-type: none"> <li>Ground: \$240 copay</li> <li>Air: \$300 copay</li> </ul>  | <ul style="list-style-type: none"> <li>Ground: \$240 copay</li> <li>Air: \$300 copay</li> </ul>  | <ul style="list-style-type: none"> <li>Ground: \$240 copay</li> <li>Air: \$300 copay</li> </ul>  | <ul style="list-style-type: none"> <li>Ground: \$235 copay</li> <li>Air: \$300 copay</li> </ul>  |
| <b>Transportation</b>                             | \$0 copay for 10 one-way trips   | \$0 copay for 10 one-way trips   | Not Covered  | Not Covered  |
| <b>Medicare Part B Drugs<sup>1</sup></b>          | 20% coinsurance  | 20% coinsurance  | 20% coinsurance  | 20% coinsurance  |

<sup>1</sup> May require prior authorization

## HMO PLANS

### Summary of Benefits

| PART D                                     | Alterwood Advantage Select   | Alterwood Advantage Choice   | Alterwood Advantage Choice Plus  | Alterwood Advantage Freedom |
|--|--|--|--|-----------------------------|
| Deductible                                 | \$295 on Tiers 3, 4, & 5   | No Part D Deductible   | No Part D Deductible   |                             |
| Initial Coverage Period                    | <p>You begin this stage when you fill your first prescription on Tier 1 or Tier 2. If your prescription is on Tiers 3, 4, or 5, you will pay the drug cost up to the \$295 deductible. After you meet your \$295 deductible, you will pay the applicable cost-share(s) below.</p>  |  | <p>You begin this stage when you fill your first prescription of the year.</p>   |                             |
|  | <p>During this stage, our plan pays its share of the cost of your drugs and you pay your share of the cost. You stay in this stage until your year-to-date "total drug costs" (your payments plus any Part D plan's payments) total \$4,660.</p>   |  |  |                             |
| Retail Pharmacy and Mail Order Cost-Shares | <ul style="list-style-type: none"> <li><b>Tier 1 (Preferred Generics)</b><br/>30-day Supply: \$3<br/>90-day Supply: \$0</li> <li><b>Tier 2 (Generics)</b><br/>30-day Supply: \$8<br/>90-day Supply: \$8</li> <li><b>Tier 3 (Preferred Brands)</b><br/>30-day Supply: \$47<br/>90-day Supply: \$94</li> <li><b>Tier 4 (Non-Preferred Drugs)</b><br/>30-day Supply: \$100<br/>90-day Supply: \$300</li> <li><b>Tier 5 (Specialty)</b><br/>30-day Supply: 28%<br/>90-day Supply: not covered</li> </ul> | <ul style="list-style-type: none"> <li><b>Tier 1 (Preferred Generics)</b><br/>30-day Supply: \$3<br/>90-day Supply: \$0</li> <li><b>Tier 2 (Generics)</b><br/>30-day Supply: \$8<br/>90-day Supply: \$8</li> <li><b>Tier 3 (Preferred Brands)</b><br/>30-day Supply: \$47<br/>90-day Supply: \$94</li> <li><b>Tier 4 (Non-Preferred Drugs)</b><br/>30-day Supply: \$100<br/>90-day Supply: \$300</li> <li><b>Tier 5 (Specialty)</b><br/>30-day Supply: 33%<br/>90-day Supply: not covered</li> </ul> | <ul style="list-style-type: none"> <li><b>Tier 1 (Preferred Generics)</b><br/>30-day Supply: \$0<br/>90-day Supply: \$0</li> <li><b>Tier 2 (Generics)</b><br/>30-day Supply: \$0<br/>90-day Supply: \$0</li> <li><b>Tier 3 (Preferred Brands)</b><br/>30-day Supply: \$47<br/>90-day Supply: \$94</li> <li><b>Tier 4 (Non-Preferred Drugs)</b><br/>30-day Supply: \$100<br/>90-day Supply: \$300</li> <li><b>Tier 5 (Specialty)</b><br/>30-day Supply: 33%<br/>90-day Supply: not covered</li> </ul> | Not Covered                 |
| Long Term Care Cost-Shares                 | <ul style="list-style-type: none"> <li><b>Tier 1 (Preferred Generics)</b><br/>31-day Supply: \$3</li> <li><b>Tier 2 (Generics)</b><br/>31-day Supply: \$8</li> <li><b>Tier 3 (Preferred Brands)</b><br/>31-day Supply: \$47</li> <li><b>Tier 4 (Non-Preferred Drugs)</b><br/>31-day Supply: \$100</li> <li><b>Tier 5 (Specialty)</b><br/>31-day Supply: 28%</li> </ul>   | <ul style="list-style-type: none"> <li><b>Tier 1 (Preferred Generics)</b><br/>31-day Supply: \$3</li> <li><b>Tier 2 (Generics)</b><br/>31-day Supply: \$8</li> <li><b>Tier 3 (Preferred Brands)</b><br/>31-day Supply: \$47</li> <li><b>Tier 4 (Non-Preferred Drugs)</b><br/>31-day Supply: \$100</li> <li><b>Tier 5 (Specialty)</b><br/>31-day Supply: 33%</li> </ul>   | <ul style="list-style-type: none"> <li><b>Tier 1 (Preferred Generics)</b><br/>31-day Supply: \$0</li> <li><b>Tier 2 (Generics)</b><br/>31-day Supply: \$0</li> <li><b>Tier 3 (Preferred Brands)</b><br/>31-day Supply: \$47</li> <li><b>Tier 4 (Non-Preferred Drugs)</b><br/>31-day Supply: \$100</li> <li><b>Tier 5 (Specialty)</b><br/>31-day Supply: 33%</li> </ul>   |                             |

## HMO PLANS

### Summary of Benefits

| PART D                | Alterwood Advantage Select  | Alterwood Advantage Choice | Alterwood Advantage Choice Plus | Alterwood Advantage Freedom |
|-----------------------|---|----------------------------|---------------------------------|-----------------------------|
| Coverage Gap          | During this stage, you pay 25% of the cost for all your drugs. You stay in this stage until your year-to-date “out-of-pocket costs” (your payments) reach a total of \$7,400. This amount and the rules for counting costs toward this amount have been set by Medicare.                          |                            |                                 | Not Covered                 |
| Catastrophic Coverage | Your share of the costs for a coverage drug will be either a copayment or coinsurance, whichever is the larger amount: <ul style="list-style-type: none"><li>• -either- the coinsurance of 5% of the total cost</li><li>• -or- \$4.15 for a generic drug or \$10.35 for all other drugs</li></ul> |                            |                                 |                             |
| Insulin               | You won't pay more than \$35 for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on, even if you haven't paid your deductible.  |                            |                                 |                             |
| Vaccines              | Our plan covers most Part D vaccines at no cost to you, even if you haven't paid your deductible.   |                            |                                 |                             |

| BENEFITS  | Alterwood Advantage Select   | Alterwood Advantage Choice   | Alterwood Advantage Choice Plus  | Alterwood Advantage Freedom  |
|---|--|--|--|--|
| Outpatient Rehabilitation <sup>1</sup>            | <ul style="list-style-type: none"> <li>Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions over a period of up to 36 weeks): <b>deductible, then</b> \$40 copay</li> <li>Occupational therapy visit: \$40 copay</li> <li>Speech and language therapy visit: \$40 copay</li> </ul> | <ul style="list-style-type: none"> <li>Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions over a period of up to 36 weeks): \$40 copay</li> <li>Occupational therapy visit: \$30 copay</li> <li>Speech and language therapy visit: \$30 copay</li> </ul> | <ul style="list-style-type: none"> <li>Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions over a period of up to 36 weeks): \$40 copay</li> <li>Occupational therapy visit: \$20 copay</li> <li>Speech and language therapy visit: \$20 copay</li> </ul> | <ul style="list-style-type: none"> <li>Cardiac (heart) rehab services (for a maximum of 2 one-hour sessions per day for up to 36 sessions over a period of up to 36 weeks): \$40 copay</li> <li>Occupational therapy visit: \$35 copay</li> <li>Speech and language therapy visit: \$40 copay</li> </ul> |
| Dialysis Services <sup>1</sup>                    | <b>Deductible, then:</b> 20% coinsurance   | 20% coinsurance  | 20% coinsurance  | 20% coinsurance  |
| Durable Medical Equipment <sup>1</sup>            | 20% coinsurance  | 20% coinsurance  | 20% coinsurance  | 20% coinsurance  |
| Diabetic Supplies, Shoes, or Inserts <sup>1</sup> | <ul style="list-style-type: none"> <li>Diabetic Supplies: 0% - 20% coinsurance</li> <li>Diabetic Shoes or Inserts: 20% coinsurance</li> </ul>  | <ul style="list-style-type: none"> <li>Diabetic Supplies: 0% - 20% coinsurance</li> <li>Diabetic Shoes or Inserts: 20% coinsurance</li> </ul>  | <ul style="list-style-type: none"> <li>Diabetic Supplies: 0% - 20% coinsurance</li> <li>Diabetic Shoes or Inserts: 20% coinsurance</li> </ul>  | <ul style="list-style-type: none"> <li>Diabetic Supplies: 0% - 20% coinsurance</li> <li>Diabetic Shoes or Inserts: 20% coinsurance</li> </ul>  |

<sup>1</sup> May require prior authorization

## HMO PLANS

### Summary of Benefits

| BENEFITS  | Alterwood Advantage Select   | Alterwood Advantage Choice   | Alterwood Advantage Choice Plus  | Alterwood Advantage Freedom  |
|---|--|--|--|--|
| Home Health Care <sup>1</sup>                                 | \$0 copay  | \$0 copay  | \$0 copay  | \$0 copay  |
| Telehealth  | \$0 copay for eligible Primary Care Physician, Specialist, Mental Health individual and group, and Urgent Care services.   |  |  |  |
| Health & Wellness Program                                     | \$150 annual reimbursement towards the purchase of a fitness tracker, at-home fitness equipment, participation in a fitness class, or gym membership.  |  |  |  |
| Home Delivered Meals  | Receive 14 healthy meals delivered to your home after discharge from an inpatient hospital stay or skilled nursing facility stay - Limited to 8 times per year.  |  |  |  |
| Chiropractic Care <sup>1</sup>                                | <ul style="list-style-type: none"> <li>Medicare-covered visit: \$20 copay</li> <li>Routine visit: \$20 copay - Limited to 4 visits per year</li> <li>Routine Chiropractic Evaluation: \$0 copay - Limited to 1 visit per year</li> </ul> | <ul style="list-style-type: none"> <li>Medicare-covered visit: \$20 copay</li> <li>Routine visit: \$20 copay - Limited to 4 visits per year</li> <li>Routine Chiropractic Evaluation: \$0 copay - Limited to 1 visit per year</li> </ul> | <ul style="list-style-type: none"> <li>Medicare-covered visit: \$20 copay</li> <li>Routine visit: \$20 copay - Limited to 4 visits per year</li> <li>Routine Chiropractic Evaluation: \$0 copay - Limited to 1 visit per year</li> </ul> | <ul style="list-style-type: none"> <li>Medicare-covered visit: \$20 copay</li> <li>Routine visit: \$20 copay - Limited to 4 visits per year</li> <li>Routine Chiropractic Evaluation: \$0 copay - Limited to 1 visit per year</li> </ul> |
| Acupuncture <sup>1</sup>                                      | <ul style="list-style-type: none"> <li>Medicare-covered visit: \$20 copay</li> <li>Routine visit: Not Covered</li> </ul>   | <ul style="list-style-type: none"> <li>Medicare-covered visit: \$20 copay</li> <li>Routine visit: Not Covered</li> </ul>   | <ul style="list-style-type: none"> <li>Medicare-covered visit: \$20 copay</li> <li>Routine visit: Not Covered</li> </ul>   | <ul style="list-style-type: none"> <li>Medicare-covered visit: \$20 copay</li> <li>Routine visit: Not Covered</li> </ul>   |
| Foot Care (Podiatry Services)                                 | <ul style="list-style-type: none"> <li>Medicare-covered services: \$35 copay</li> <li>Routine visit: \$35 copay - Limited to 4 visits per year</li> </ul>  | <ul style="list-style-type: none"> <li>Medicare-covered services: \$35 copay</li> <li>Routine visit: \$35 copay - Limited to 4 visits per year</li> </ul>  | <ul style="list-style-type: none"> <li>Medicare-covered services: \$35 copay</li> <li>Routine visit: \$0 copay - Limited to 4 visits per year</li> </ul>   | <ul style="list-style-type: none"> <li>Medicare-covered services: \$30 copay</li> <li>Routine visit: \$30 copay - Limited to 4 visits per year</li> </ul>  |
| Over-the-Counter (OTC) Products & Essential Food Pantry Items | \$35 quarterly allowance, items ordered through the plan's catalog   | \$35 quarterly allowance, items ordered through the plan's catalog   | \$35 quarterly allowance, items ordered through the plan's catalog   | \$35 quarterly allowance, items ordered through the plan's catalog   |
| Lifestyle Medication  | Not Covered  | Not Covered  | \$10 copay per monthly supply of generic erectile dysfunction medication - Limited to 4 pills per month  | Not Covered  |

<sup>1</sup> May require prior authorization

## Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at 1-866-550-1011 (TTY: 711).

### Understanding the Benefits:

- ☐ The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit [www.AlterwoodAdvantage.com](http://www.AlterwoodAdvantage.com) or call 1-866-550-1011 to view a copy of the EOC.
- ☐ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- ☐ Review the pharmacy directory to make sure the pharmacy you use for any prescription medicine is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.
- ☐ Review the formulary to make sure your drugs are covered.

### Understanding Important Rules:

- ☐ In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- ☐ Benefits, premiums and/or copayments/coinsurance may change on January 1, 2024.
- ☐ Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).

You can access the Evidence of Coverage (EOC), which provides a full listing of our plan's benefits and services, on our website at [www.AlterwoodAdvantage.com](http://www.AlterwoodAdvantage.com), or by calling the telephone number listed below.

You may view our plan's Provider & Pharmacy Directory, complete plan formulary (list of Part D prescription drugs) and any restrictions on our website at [www.AlterwoodAdvantage.com](http://www.AlterwoodAdvantage.com)



**1-866-550-1011 (TTY:711)**

**Hours of Operation:**

**October 1 – March 31**

8 am – 8 pm ET | 7 days a week

**April 1 – September 30**

8 am – 8 pm ET | Monday - Friday

**[www.AlterwoodAdvantage.com](http://www.AlterwoodAdvantage.com)**

## Multi-Language Insert

### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-866-675-3944. Someone who speaks English/Language can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-866-675-3944. Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

**Chinese Mandarin:** 我们提供免费的翻译服务，帮助您解答关于健康或药物保险的任何疑问。如果您需要此翻译服务，请致电 1-866-675-3944。我们的中文工作人员很乐意帮助您。这是一项免费服务。

**Chinese Cantonese:** 您對我們的健康或藥物保險可能存有疑問，為此我們提供免費的翻譯服務。如需翻譯服務，請致電 1-866-675-3944。我們講中文的人員將樂意為您提供幫助。這是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggagamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-866-675-3944. Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-866-675-3944. Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quý vị cần thông dịch viên xin gọi 1-866-675-3944 sẽ có nhân viên nói tiếng Việt giúp đỡ quý vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-866-675-3944. Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

**Korean:** 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-866-675-3944 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-866-675-3944. Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

**Arabic:** إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بالصحة أو جدول الأدوية لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على 1-866-675-3944. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

**Hindi:** हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-866-675-3944 पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-866-675-3944. Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portuguese:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-866-675-3944. Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-866-675-3944. Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

**Polish:** Umożliwiamy bezpłatne skorzystanie z usług tłumacza ustnego, który pomoże w uzyskaniu odpowiedzi na temat planu zdrowotnego lub dawkowania leków. Aby skorzystać z pomocy tłumacza znającego język polski, należy zadzwonić pod numer 1-866-675-3944. Ta usługa jest bezpłatna.

**Japanese:** 当社の健康 健康保険と薬品 処方薬プランに関するご質問にお答えするために、無料の通訳サービスがあります。通訳をご用命になるには、1-866-675-3944 にお電話ください。日本語を話す人 者が支援いたします。これは無料のサービスです。

## **Addendum to Alterwood Advantage's 2023 Summary of Benefits**

Due to the Inflation Reduction Act (IRA) of 2022, we are notifying you of mid-year changes. Below you will find information describing these changes. Please keep this information for your reference. You can obtain an updated Summary of Benefits through our website at [www.AlterwoodAdvantage.com](http://www.AlterwoodAdvantage.com).

### **Changes to your Alterwood Advantage coverage:**

| <b>Effective Date</b> | <b>Original Information</b>  | <b>Updated Information</b>   | <b>What does this mean for you?</b>   |
|-----------------------|--|--|---|
| April 1, 2023         | You will pay a 20% coinsurance for Medicare Part B prescription drugs. | You will pay a 0% - 20% coinsurance for select Medicare Part B prescription drugs.                                     | Effective April 1, 2023, select Medicare Part B prescription drugs will be available to you at between a 0% and 20% coinsurance. These drugs are defined by CMS and may change from quarter to quarter. * |
| July 1, 2023          | You will pay a 20% coinsurance for Medicare Part B prescription drugs. | You will pay no more than \$35 for a month supply of your insulin delivered through a durable medical equipment (DME). | Effective July 1, 2023, insulin delivered through a DME, such as an insulin pump, will be no more than \$35 for a month supply.   |

\*The prices of these drugs have increased faster than the rate of inflation and are subject to less member out-of-pocket responsibility.

**You are not required to take any action in response to this document, but we recommend you keep this information for future reference.** If you have any questions, please call us at 667-262-9412 or 1-866-675-3944 (TTY: 711). We are available 8 am to 8 pm ET, 7 days a week from October 1 to March 31 and Monday – Friday from April 1 to September 30.